

Checklist – Issues

Circle the numbers in-between 1 and 5 to indicate the significance of the issue in your view
1 - minor // 5 - very significant

Communication 1 2 3 4 5

The sense of feeling loved, understood and cared for 1 2 3 4 5

The sense of feeling appreciated and respected 1 2 3 4 5

The sense of feeling distant 1 2 3 4 5

Unresolved extra-marital affair 1 2 3 4 5

Sex life, affection 1 2 3 4 5

Ideas about how to have a good time and enjoy life 1 2 3 4 5

How time is spent 1 2 3 4 5

Freindship in marriage 1 2 3 4 5

Jealousy 1 2 3 4 5

I like where we are going in the future 1 2 3 4 5

Our lives together have purpose and meaning 1 2 3 4 5

We have a sense of adventure in our lives 1 2 3 4 5

Helping each other to reduce stress 1 2 3 4 5

I like what I am like in this relationship 1 2 3 4 5

Secure feeling in this relationship 1 2 3 4 5

The sense managing well with the daily stresses of our lives 1 2 3 4 5

We have a lot of fun in life 1 2 3 4 5

Sense of similar beliefs in basic values and goals in life 1 2 3 4 5

Similar views about basic spiritual or philosophical issues 1 2 3 4 5

Similar views about money 1 2 3 4 5

Drugs and or alcohol 1 2 3 4 5

Independence – Myself – Too Little 1 2 3 4 5

Independence – Myself – Too Much 1 2 3 4 5

Independence – Partner – Too Little 1 2 3 4 5

Independence – Partner – Too Much 1 2 3 4 5

Dependence – Myself – Too Little 1 2 3 4 5

Dependence – Myself – Too Much 1 2 3 4 5

Dependence – Partner – Too Little 1 2 3 4 5

Dependence – Partner – Too Much 1 2 3 4 5

Home life organization 1 2 3 4 5

Overall sense of marital involvement and teamwork 1 2 3 4 5

Mutual collaboration / decision processing with all issues 1 2 3 4 5

Mutual sense of consideration 1 2 3 4 5

Confidence that we could handle any problem we might face together 1 2 3 4 5

Parenting together 1 2 3 4 5

Understanding on issues related to children / adolescents 1 2 3 4 5

Good relationships with our children 1 2 3 4 5

Good relationships with our families (i.e., in-laws too) 1 2 3 4 5

Relationships with each other's friends 1 2 3 4 5